

Montessori Chart of Lessons by Month

Month	CH	E1	E2
September	<p><i>Introductory Activities:</i></p> <p><i>Select activities from sections 1-3; Pages 1-75</i></p> <p><i>Mix activities from all three sections. Choose indoor or outdoor settings.</i></p> <p><i>Repeat activities that become favorites.</i></p> <p><i>Develop your own Warm-Up Routine.</i></p>	<p>P 2-9 <i>Orientation</i></p>	<p>P 1-31 <i>Introductory Activities</i></p>
		<p>P 10-31 <i>Tag Games</i></p>	<p>P 33-76 <i>Fitness Activities</i></p>
		<p>P 268-270 <i>Throwing & Catching</i></p>	

Month	CH	E1	E2
October	<p>Handout P 209-224 <i>Kicking Activities:</i> <i>Use favorite activities from Weeks 1-4 for warm up and closing</i></p>	<p>P 280-289 <i>Soccer</i></p>	<p>P 209-224 <i>Flag Football Skills and Activities</i></p>
	<p>P 151-157 <i>Hoop Play</i></p>	<p>P 344-361 <i>Outdoor & Indoor Games</i></p>	<p>P 286-300 <i>Flag Football Skills and Games</i></p>
	<p>P 225-230 <i>Parachute Play</i></p>	<p>P 222-228 <i>Parachute Activity</i></p>	
	<p>P 214-219 <i>Long Rope Jumping</i></p>		

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November	P 176-181 <i>Ball familiarization & Rolling</i>	P 215-220 <i>Long Rope Jumping</i>	P 343-364; 373-403 <i>Low Organized Games</i>
	P 250-258 <i>Relays</i>	P 329-338 <i>Stations</i>	P 331-342 <i>Relays</i>
	P 158-163 <i>Bean Bags</i>	P 309-317 <i>Relays</i>	Handout: <i>Team Handball: Indoor throwing</i>
	P 231-234 <i>Scooters</i>	Handout <i>Uff Da Ball</i>	

Month	CH	E1	E2
December	P 77-102 <i>Rhythms & Dance</i>	<i>Rhythms</i> <i>Folk & Square Dance</i>	P 77-118 <i>Handouts</i> <i>Rhythms</i> <i>Folk & Square</i>
	P 77-102 <i>Rhythms & Dance</i>	<i>Rhythms</i> <i>Folk & Square Dance</i>	P 77-118 <i>Handouts</i> <i>Rhythms</i> <i>Folk & Square</i>
	P 220-224 <i>Short Ropes</i>	<i>Short Ropes</i>	P 190-196 <i>Short Ropes</i>

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January	P 189 & 191 <i>Ball Bouncing</i>	P 247-258 <i>Basketball</i>	P 244-267 <i>Basketball</i>
	P 182-188 <i>Throwing & Catching</i>	<i>Team Handball</i>	P 181-185 <i>Scooter Play</i>
	P 168-173 <i>Wands & Scarves Station Play</i>	P 259-267 <i>Floor Hockey</i>	P 268-277 <i>Hockey skills & activities</i>
	P 235-243 <i>Hockey activities</i>		

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February	P 259-267 <i>Multi-cultural activities</i>	P 259-267 <i>Floor Hockey</i>	P 259-267 <i>Hockey Skills & Activities</i>
	Handout <i>Multi-Cultural Activities</i>	P 119 <i>Tininkling</i> <i>Multi-Cultural Activities</i>	P 119 <i>Hockey Skills & Activities</i>
	Spec P 220-224, 214-219 <i>Short & Long Ropes</i>	P 209-214 p215-221 <i>Short and Long Rope Jumping</i>	Special Text <i>Multi-cultural activities</i>
	P 103-147 <i>Gymnastics</i>	P 138, 142-165 <i>Gymnastic Stations</i>	197-203 <i>Long Rope</i>

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March	P 103-147 <i>Gymnastics</i>	P 132-137, 139- 141 <i>Tumbling (Mats only)</i>	P 133-138, 151- 164 <i>Gymnastics Stations</i>
	P 103-147 <i>Tumbling (Mats only)</i>	P 138, 142-165 <i>Gymnastics (Stations)</i>	P 121-130, 140- 150 <i>Gymnastics Stations</i>
	P 103-147 <i>Gymnastics & Tumbling Stations</i>		P 138, 142-165 <i>Tumbling (Mats only)</i>

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April	P 174-175 <i>Balloon Play</i>	P 236-243 <i>Volleyball</i>	P 178-180 <i>Scoop Play</i>
	P 164-166 <i>Deck Tennis Rings</i>	P 290-297 <i>Tennis</i>	P 228-243 <i>Volleyball</i>
	P 244-258 <i>Paddle & Hand Play</i>		P 278-285 P 290-297 in 3-4 guide <i>Tennis/Paddles/Striking Activities</i>
	P 207-208 <i>Tennis Balls and Cans</i>		

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May	P 199-206 <i>Bat & Ball Skills</i>	P 268-278 <i>Bat & Ball</i>	P 278-285 P 290-297 in 3-4 guide <i>Tennis/Paddles/Striking Activities</i>
	P 299-306 <i>(Gr 3-4 Guide)</i>	P299-306 <i>Track & Field</i>	P 301-314 <i>Bat & Ball Activities: Throwing/catching/battling</i>
	P 273-279 <i>Track & Field</i>		
	P 250-270 <i>Special Games</i>	P 318-326 P 13-25 <i>Large Group Activities</i>	P 315-329 <i>Track & Field</i>

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June	P 250-270 <i>Special Games</i>	P 318-326 P 13-25 <i>Large Group Activities</i>	P 343-364, 373-364 <i>Large Group Activities</i>
	<i>Teacher's Choice</i>	<i>Teacher's Choice</i>	<i>Teacher's Choice</i>

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Bibliography of Resource:

Landy, Joanne and Maxwell. ***Ready-To-Use P. E. Activities for Grades K-2*** (*Ready-To-Use Physical Education Activities*) (*Paperback*). New York: Parker Publishing Company, 1992. ISBN: 0-13-673054-X

Landy, Joanne and Maxwell. ***Ready-To-Use P. E. Activities for Grades 3-4*** (*Ready-To-Use Physical Education Activities*) (*Paperback*). New York: Parker Publishing Company, 1992. ISBN: 0-13-673088-4

Landy, Joanne and Maxwell. ***Ready-To-Use P. E. Activities for Grades 5-6*** (*Ready-To-Use Physical Education Activities*) (*Paperback*). New York: Parker Publishing Company, 1992. ISBN: 0-13-673070-1